

## Health Fair

Community agencies will be setting up booths and providing information about the different programs available in our areas that could benefit our families.

We will also have a small food show where students and parents can sample small dishes and rate the items. The results will be used to determine the top picked food items, which will be featured on next year's school menu.

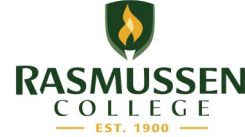
The focus for this event is to encourage people to be active, eat healthy, and make annual visits with healthcare professionals.

## Our Mission:

*Building a Healthier Student Body*



# Special thanks to our sponsors!



**Register On-line**



For additional questions or concerns,  
please call 813-794-2183.



# Pasco County Health Fair & 5K Run/Walk

*"Best 5K Goodie Bag Around"*

**April 11, 2015**

5K Start Time: 7:30 am  
1 Mile Run: 8:30 am  
Health Fair: 9-1



## Where:

Sunlake High School  
3023 Sunlake Boulevard  
Land O' Lakes, FL 34638

## Course:

The 5K race will start at Sunlake High School and run down Sunlake Blvd, on to Mentmore Blvd. The course is completely flat and is an out and back loop.

## Entry Fees:

### Pre-Registration:

Family of Four — \$60.00  
18 & Up — \$20.00  
17 & Under — \$15.00

### Race Day Registration (begins at 6:30am):

Family of Four — \$75.00  
18 & Up — \$25.00  
17 & Under — \$20.00

## 5K Awards:

Top 3 Overall Male & Female Finishers  
Top 2 in each age group

## 1 Mile Awards:

All finishers are winners and will receive a participation ribbon at the finish line.

# Registration

Name: \_\_\_\_\_

Age on Race Day: \_\_\_\_\_ Gender: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

Youth Shirt Size: S M L

Adult Shirt Size: S M L XL 2X

Race Type: 1 Mile Fun Run 5K

### Family Member's Names:

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

**RELEASE:** I wave any and all claims for myself, my heirs, and executors against Pasco County School District, and the sponsors of this race for any illness or injury which may directly/indirectly result from my participation. I further state that I am in proper physical condition to participate in this event.

Guardian's signature of participants under 18:

\_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

## Age Groups:

**Female:** 7 yrs & under, 8-9, 10-11, 12-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, and 65 & over

**Male:** 7 yrs & under, 8-9, 10-11, 12-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, and 65 & over

**The money that is raised from the 5K run will be used to award scholarships to Pasco County Students who plan to continue their education in nutrition or healthcare fields.**

- ◆ Each participant is eligible for only one award. T-shirts are guaranteed for all who pre-register.
- ◆ Please make checks payable to **Pasco County Schools FNS**. *Additional donations are welcomed.*
- ◆ To register, please fill out registration form and mail to:  

Pasco County School District  
ATTN: FNS 5K Run  
7227 Land O' Lakes Blvd  
Land O' Lakes, FL 34638
- ◆ For special accommodations, please contact Amanda Musick by email: [amusick@pasco.k12.fl.us](mailto:amusick@pasco.k12.fl.us)